



- soups • sushi boxes • salad boxes • meeting / party boxes
- a la carte menu • desserts • snacks • drinks

soups

Forever Young Miso Soup (v) - £1.99 Freshly made miso with coriander, tofu and wakame.

Dynamite Detox - £2.99 Asian vegetables with spinach, glass noodles, itsu broth, fresh lime, ginger and coconut.

sushi boxes

All presentation boxes are served with chopsticks, wasabi, ginger and soy sauce.

Vegetarian Sunrise & Salad (v) - £3.95 Vegetarian sunrise maki rolls and itsu noodle & herb salad, soy roasted pumpkin seeds and itsu dressing.

Omega 3 Salmon Supreme - £5.95 Salmon sushi, salmon maki, itsu salad, soy roasted pumpkin seeds and itsu dressing.

Tuna & Salmon Sushi - £6.95 Line caught tuna and salmon sushi, itsu glass noodle and herb salad with itsu dressing.

Super Salmon "3 Ways" - £7.95 Salmon & chilli salmon sushi, salmon maki, salmon sashimi.

Health & Happiness - £7.95 Line caught tuna and salmon sushi, salmon sashimi, crab and salmon maki rolls.

Mixed Salmon & Tuna Sashimi - £9.95 Line caught tuna and salmon sashimi, edamame, wakame and itsu dressing.

a la carte

Nigiri (sushi)	(4 pieces)
Salmon	£3.95
Chilli Salmon	£3.95
Tuna	£3.95

Maki Rolls	(4 pieces)
Vegetarian Sunrise (v)	£3.25
Salmon & Avocado	£3.95
Crab California	£3.95
Duck Hoi Sin	£3.95

Sashimi	(3 pieces)
Salmon	£3.95
Tuna	£3.95

Snacks	
Seaweed Peanut Crackers	£1.80
Yoghurt Fruit Mix	£1.80
Wasabi Peas	£1.80
Squirrels Dream	£1.80
Organic Dark Chocolate Rice Cakes	£1.80
Honey Fennel Nuts	£1.90

Desserts	
Mango, Pineapple and Strawberry	£3.50
Mango and Blueberries	£3.50

Extras	
Edamame Beans (v)	£1.95
Extra itsu Dressing	(each) 25p

Soft Drinks	
Tynant Still (500ml)	£1.00
San Pellegrino Sparkling (500ml)	£1.00
Vitamin Water (300ml)	£1.50
Green Tea & Lime, Elderflower & Cranberry Limeflower & Orange	
Diet Coke (33cl)	95p

salad boxes

All salad boxes are served with chopsticks.

Hip & Healthy (v) - £4.25 Avocado, itsu rocket salad, sesame beans, itsu rice with chives and shallot dressing.

Line Caught Yellowfin Tuna Salad - £5.95 Seared line caught yellowfin tuna, sesame beans, soft egg, pickled ginger, itsu's rocket & noodle salad and itsu dressing.

Special Salmon Salad - £5.95 Oven roasted miso marinated salmon, sesame beans, seasoned rice, itsu's rocket & noodle salad and itsu dressing.

meeting / party boxes

No plates, no mess. Each box is ideal for 2-3 people and served with 4 pairs of chopsticks.

Mainly Vegetarian (v) - £22.95 A selection of itsu rolls, including avocado & bean and omelette & chive. A large portion of edamame beans.

itsu Sushi Selection - £24.95 Our favourite selection of the best quality, freshly prepared tuna, salmon and edamame beans. (Nothing weird, no octopus, squid, sea urchin etc).

itsu Classic Selection - £24.95 A beautiful selection of easy to eat maki rolls and sushi. The box includes all our favourites; tuna, crab, salmon and edamame beans.

itsu Sashimi Selection - £26.95 A beautiful selection of salmon and tuna sashimi, oba leaves and edamame beans.

itsudelivers

Order Online

www.itsu.com

Free delivery for orders over £20, otherwise a £5 charge.

Pay by cash or credit card. Phone lines are open for orders from 10am.

Menu and prices correct at time of going to press.