



- soups • sushi boxes • salad boxes • meeting / party boxes
- a la carte menu • desserts • snacks • drinks

## soups

**Forever Young Miso Soup (v) - £1.99** Freshly made miso with coriander, tofu and wakame.

**Dynamite Detox - £2.99** Asian vegetables with spinach, glass noodles, itsu broth, fresh lime, ginger and coconut.

## sushi boxes

All presentation boxes are served with chopsticks, wasabi, ginger and soy sauce.

**Vegetarian Sunrise & Salad (v) - £3.95** Vegetarian sunrise maki rolls and itsu noodle & herb salad, soy roasted pumpkin seeds and itsu dressing.

**Omega 3 Salmon Supreme - £5.95** Salmon sushi, salmon maki, itsu salad, soy roasted pumpkin seeds and itsu dressing.

**Tuna & Salmon Sushi - £6.95** Line caught tuna and salmon sushi, itsu glass noodle and herb salad with itsu dressing.

**Super Salmon "3 Ways" - £7.95** Salmon & chilli salmon sushi, salmon maki, salmon sashimi.

**Health & Happiness - £7.95** Line caught tuna and salmon sushi, salmon sashimi, crab and salmon maki rolls.

**Mixed Salmon & Tuna Sashimi - £9.95** Line caught tuna and salmon sashimi, edamame, wakame and itsu dressing.

## a la carte

<b>Nigiri (sushi)</b> (4 pieces)	<b>Sashimi</b> (3 pieces)	<b>Desserts</b>
Salmon £3.95	Salmon £3.95	Mango, Pineapple and Strawberry £3.50
Chilli Salmon £3.95	Tuna £3.95	Mango and Blueberries £3.50
Tuna £3.95		<b>Extras</b>
<b>Maki Rolls</b> (4 pieces)	<b>Snacks</b>	Edamame Beans (v) £1.95
Vegetarian Sunrise (v) £3.25	Seaweed Peanut Crackers £1.80	Extra itsu Dressing (each) 25p
Salmon & Avocado £3.95	Yoghurt Fruit Mix £1.80	<b>Soft Drinks</b>
Crab California £3.95	Wasabi Peas £1.80	Tynant Still (500ml) £1.00
Duck Hoi Sin £3.95	Squirrels Dream £1.80	San Pellegrino Sparkling (500ml) £1.00
	Organic Dark Chocolate Rice Cakes £1.80	Vitamin Water (300ml) £1.50
	Honey Fennel Nuts £1.90	Green Tea & Lime, Elderflower & Cranberry Limeflower & Orange
		Diet Coke (33cl) 95p

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## salad boxes

All salad boxes are served with chopsticks.

**Hip & Healthy (v) - £4.25** Avocado, itsu rocket salad, sesame beans, itsu rice with chives and shallot dressing.

**Line Caught Yellowfin Tuna Salad - £5.95** Seared line caught yellowfin tuna, sesame beans, soft egg, pickled ginger, itsu's rocket & noodle salad and itsu dressing.

**Special Salmon Salad - £5.95** Oven roasted miso marinated salmon, sesame beans, seasoned rice, itsu's rocket & noodle salad and itsu dressing.

## meeting / party boxes

No plates, no mess. Each box is ideal for 2-3 people and served with 4 pairs of chopsticks.

**itsu Sushi Selection - £24.95** Our favourite selection of the best quality, freshly prepared tuna, salmon and edamame beans. (Nothing weird, no octopus, squid, sea urchin etc).

**itsu Classic Selection - £24.95** A beautiful selection of easy to eat maki rolls and sushi. The box includes all our favourites; tuna, crab, salmon and edamame beans.

**itsu Sashimi Selection - £26.95** A beautiful selection of salmon and tuna sashimi, oba leaves and edamame beans.

Free delivery for orders over £20, otherwise a £5 charge.

Pay by cash or credit card. Phone lines are open for orders from 10am.

Menu and prices correct at time of going to press.